

**A STUDY OF MENTAL HEALTH OF  
PHYSICALLY HANDICAPPED AND NON-  
HANDICAPPED CHILDREN IN RELATION  
TO EMOTIONAL MATURITY**



**A  
DISSERTATION  
SUBMITTED TO THE UNIVERSITY OF JAMMU IN  
PARTIAL FULFILMENT OF THE REQUIREMENT  
FOR THE AWARD OF DEGREE OF**

**MASTER OF EDUCATION**

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## SUMMARY

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### TOPIC

**"A study of mental health of Physically Handicapped and non- handicapped children in relation to emotional maturity"**

#### A. INTRODUCTION

Since it is necessary for everyone to maintain good mental health one who possesses good mental health can adjust properly to the environment. Mental health is an essential ingredient of well developed personality.

Mental Health and education are closely related with each other. For any type of education sound Mental Health is the first condition. If children cannot have sound mental health, they cannot concentrate in learning and retain the knowledge received in classroom.

Frank (1953) described mentally healthy person are those who continue to grow, develop and mature through life by accepting responsibility and finding fulfillments without paying too high a price, either personally or socially.

## **B. CONCEPT OF EMOTIONAL MATURITY**

Emotional maturity is not only the effecting determine of personality but it also help to control the growth of adolescents development. The concept 'mature' emotional behaviour at any level is that which reflects the fruits of normal emotional development.

Emotional maturity is always relative. A five year old child has emotional maturity if he is capable of the emotional behaviour. We judge fit for a five — year old Emotional Maturity. However, develops throughout life. It is also a form of maturity from which one can regress most quickly. The child become more emotionally mature as the parent permits him to accept responsibilities and become independent and self — sufficient.

Scout (1951) aptly remarked "The concept of emotional maturity is called the master concept of over time. It is probably the most important contribution of modern psychiatry".

Frank (1963), Walter D. Smitson (1974) defines emotional maturity as, "A process in which the personality is continually striving for greater sense of emotional health both intra-physically and inter-personality".

## **C. STATEMENT OF THE PROBLEM**

"A study of mental health of Physically Handicapped and non- handicapped children in relation to emotional maturity"



## **D. OBJECTIVES OF THE STUDY**

1. To find out significant differences between physically handicapped children and non handicapped children on security - insecurity of Mental Health.
2. To find out significant difference between physically handicapped and non- handicapped. Children on 'Neurotic behaviour' of Mental health.
3. To find out significant difference between physically handicapped and non-handicapped children on 'Depression' of Mental Health.
4. To find out significant differences between physically handicapped and non-handicapped children on 'Inferiority' of Mental Health.
5. To find out significant difference between physically handicapped and non-handicapped children on 'frustration' of Mental Health.
6. To find out significant difference between physically handicapped and non-handicapped children on 'Anxiety' of Mental Health.
7. To find out significant difference between physically handicapped and non-handicapped children on 'Adjustment' of Mental Health.
8. To find out significant difference between physically handicapped and non-handicapped children between different areas. i.e emotional instability, regression, social maldjustment, personality disintegration, lack of independence of emotional maturity.