

**“STUDY OF LEVEL OF ANXIETY AMONG STUDENTS
UNDERGOING TEACHER TRAINING PROGRAM (B.ED)”**



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DISSERTATION

**SUBMITTED TO THE UNIVERSITY OF JAMMU IN PARTIAL
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DEGREE OF**

MASTER OF EDUCATION

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SUMMARY

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**TOPIC: STUDY OF LEVEL OF ANXIETY AMONG STUDENTS
UNDERGOING TEACHER TRAINING PROGRAM (B.ED)**

CONCEPT OF ANXIETY

Anxiety is a condition of persistent and uncontrollable nervousness, stress and worry that is triggered by anticipation of future events, memories of past events, or ruinations over day to day events, both trivial and major, with disproportionate fears of catastrophic consequence.

Anxiety is defined as the fear of the unknown and a feeling of an impending doom. It is a warning sign for possible anxiety disorder, if not treated and attended too.

NEED FOR THE STUDY

In this world, it is true of course, the tone who is working hard to learn is in state of pressure and tension. It is the age of anxiety which is the experience of tension from real or imaginary threats to one's security.

Anxiety actually affects learning and it usually interferes in learning which must be channelized through strong motivation and leaning is to be

made effective. Thus, anxious trainees are not task oriented indeed they have interfering interests that prevent them from developing drive for doing their teaching effectively.

It is generally said that anxiety work as a drive like other drives of the individual. Mild anxiety like mild anger may be useful but if it becomes intense then it might become hindrance in the performance of the individual. Anxiety also plays a vital role in the academic career of the individual.

A very few researches have been conducted in India upon this problem. It is therefore, very essential for a teacher to know the part played by anxiety in the field of teacher training.

Aim:- To study level of anxiety among students undergoing teacher training program (B.Ed).

Objectives of the Study:-

1. To compare socio-demographic parameters among students undergoing teacher training program (B.Ed)
2. To compare level of anxiety and education qualification among students undergoing teacher training program (B.Ed).
3. To compare level of anxiety and gender among students undergoing teacher training program (B.Ed).

4. To compare level of anxiety and location among students undergoing teacher training program (B.Ed).

Hypothesis

H1- There will be no significant difference in socio-demographic parameters among students undergoing teacher training program (B.Ed).

H2- There will be no significant difference in level of anxiety between male and female students undergoing teacher training program (B.Ed).

H3- There will be no significant difference in level of anxiety between students residing in urban and rural undergoing teacher training program (B.Ed).

H4- There will be no significant difference in level of anxiety between graduate and post graduate students undergoing teacher training program (B.Ed).